

NOVEMBER 2024

LEWTRENCHARD *WI*

YOUR MONTHLY WI NEWSLETTER

BARBARA'S BIT

The President's Round-up

CATCH-UP ON OCTOBER

Meetings, Socials & More

WHAT'S ON

Open Meeting, FCS, Christmas
Party! 2025 Events

NOVEMBER UPDATE

Trips, Events, Meetings and
Reminders

AND FINALLY,

Christmas Events, Photo's,
'Wanted' from Monique



BARBARA'S BIT



Hello Everyone

Welcome to a very mild start to November. We're looking forward to our open meeting next week with Rupert Kirkwood, the Lone Kayaker, and hearing all about his adventures on the water.

Please spread the word and invite friends and family to what I am sure will be an interesting evening.

Our plan is to keep WI business to a minimum so we have provided any extra information in this month's newsletter. As always if you have any queries please just see one of the committee.

Next a big thank you to everyone who has been making poppies for the upcoming community display. Lynn and Ruth have worked very hard holding workshops, making kits and generally organising everyone.

You will be able to see the display throughout the month as it moves around from the Victory Hall, St John's in Stowford and Stowford village hall. It's wonderful to remember the sacrifices made by so many for us.

The next WOW event will be the curry buffet night in Okehampton on 13th November. Please contact Caroline for details if you'd like to go along.

You may have seen the annual subs have been announced by NFWI for 2025 as £51 – up from £48 last year. Of that NFWI keep £13.85, DFWI get £12.05 and £25.10 comes to us. That works out at about £2.15 a month to the federations and £2.10 for us to pay for some great speakers, hall fees, refreshments and running our WI. We can discuss this in the New Year.

Food, Crafts & Skills kicked off again in October with an excellent session of painting. The next event is on 21st November where they will be creating an item with folded pages in a book. Please see Monique or Marion for details. These afternoons are a chance to try something new and meet up for tea and chat with members from other local WI's.

A gentle reminder that the clocks have changed so the meetings start at 7:00pm again.

Take care and see you next week

Barbara



CATCH-UP ON OCTOBER

September Meeting

We met on October 14th at Lewdown Victory Hall. Barbara welcomed 17 members and Kate Dixon from the Cinnamon Trust.

Congratulations to Karen for winning the potato challenge with a haul of 3.759kg!

After Jerusalem it was over to Kate:

The Cinnamon Trust is a charity that helps the elderly and their pets; anyone can register as long as you are over 60 or have a terminal illness.

The Trust was founded in 1985 by Mrs Averil Jarvis after she lost her beloved Corgi 'Cinnamon'. It started out in Hayle, Cornwall and is now a nationwide Trust.

Pets are such a vital part of life and owners have a very strong bond with them. When an owner becomes ill or is too elderly to walk/look after their pet, a volunteer from the Cinnamon Trust will come to their homes and help, with walks, transporting pets to vets, emergency short term care with a foster, lifelong fostering or in the event of the owner's death with no one to look after their pet, pets can go to a Sanctuary.

In the South West, there are two Sanctuaries; Hayle, Cornwall and Thrushelton, Devon. These Sanctuaries are not kennels, they have 'dog bungalows' & 'cat bungalows', each furnished like a home, with sofas, toys, a kitchen with an AGA!, everything you expect from a family home. The Pets love it! When the pets pass on, they are buried in the memorial garden.

Kate started volunteering in 2007, walking many different dogs, currently 2 a week, as well as being a busy primary school teacher. The Cinnamon Trust will send a volunteer to the owner for pet profiling; owners receive a newsletter twice a year. The Trust relies totally on donations. Reassuringly, volunteering did not stop during COVID.

What a fantastic cause to have on our doorstep! Kate was a brilliant speaker and may have encouraged some members to volunteer. Our June 2025 outing is already booked and we will be visiting the Cinnamon Trust Sanctuary in Thrushelton, we are already looking forward to it.

Want to become a volunteer? Visit: www.cinnamon.org.uk/volunteer. There are a number of pet friendly care homes, for more info visit: www.trustedcare.co.uk.

Manique

FCS WORKSHOP

The first of this season's FCS workshop (Food, Craft & Skills) was held at Lamerton Village Hall on 24th October.

Maria Outram hosted the workshop and was joined by several very talented artists who created some amazing sea-scapes.



The next workshop is **Thursday 21st November**, see page 6 for details.

Coffee Morning

Nine members came to the coffee morning at Alder in October. Everyone seems to enjoy the new venue and opportunity to catch up with one another over a cup of coffee.

The next coffee morning will be on **Thursday November 21st** at Alder. Remember they need to know numbers beforehand so please let me know if you would like join us. Ring 01566 783641. Remember there is always a lift available for those without transport!

WI Walk

Four of us set off for our monthly walk on a bit of a misty morning in good spirits. We took the lane down towards Thrushleton church where on the triangle of grass we found three different fungi.

We then took the lane towards The Cinnamon Trust which was a long gradual walk.

Unfortunately, one of the group became unwell on this section so we decided to abandon the rest of the walk. We did, however, finish the morning at Jean's where we enjoyed a very welcome cup of coffee and a freshly made cake. Thank you Jean.

We have decided not to undertake any more walks in the winter because the weather is so unpredictable. However, we look forward to starting again in the spring when we might get some better weather.

Thank you to all those who have joined with us on our walks this year.

Mary

COMING SOON...

2025 DIARY

We are looking at our diary of events and speakers for next year and want to make sure we're providing what you want from your WI group.

Please share any ideas, thoughts and contacts with any of the committee members! Got a favourite charity you'd like to highlight, let us know! Know someone who can host a great 'make-along' session, give us their contact details! Want to learn how to make the perfect pina colada, tell us!

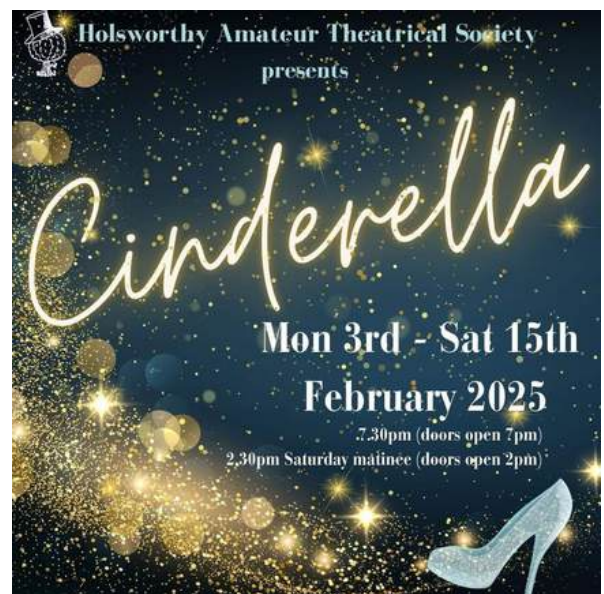
We'll take a good look at anything and everything and see what we can do to make it happen. Let's see if each of us can give one idea at the next meeting!

'CINDERELLA' AT HOLSWORTHY

The Holsworthy Amateur Theatrical Society are performing Cinderella next year.

Tickets go on sale November 2nd, sign up on the clipboard if you'd like to attend and we'll get a party going!!

Show times from Monday 3rd February to Saturday 15th February, 7.30pm, or Saturday matinee 2.30pm



TAMAR GROUP MEETING

The next Tamar Group Meeting is being hosted by Lifton WI at Lifton Community Centre on Monday 14th April 2025.

The theme is Folklore; more details to follow but certainly a date to put in your diary!

FCS WORKSHOP - NOVEMBER

The next FCS workshop is being held on Thursday 21st November at Lamerton Village Hall, 2pm. Please arrive between 1.30 and 1.45 for a prompt start.

This time Margaret Willmott will be showing us the art of book folding and making some wonderful forest creatures - very fitting for autumn!



All materials will be provided, however if you'd like to bring a used paperback book to use, please feel free. Please let Monique know if you're interested so she can share numbers with Hilary, there will be a form on the clipboards.



AUTUMN WARMER GATHERING

There's still time to join us for an evening of great company, laughter and more importantly - CURRY! Perfect as these autumn evenings turning chillier, and darker.

Wednesday 13th November from 7pm at Maida, Okehampton. Buffet style menu for £15.95 per person.

Email: harriscaz@hotmail.co.uk

CHRISTMAS PARTY

December is our Christmas Meeting/Party so it's time to don the sparkly tops and find the perfect Secret Santa Gift (max £2.50)!

Be amazed at the Committee Show Piece and start getting into the Christmas spirit!

Monday 9th December at 7pm



CHRISTMAS MEAL

Sunday 19th January 2025, 12.30 for 1pm, White Hart Bridestowe, cost and choice of menu TBA (same as this year I am sure)

Sign up at the November meeting, £5 deposit, cash only, in an envelope marked White Hart and your name please. NO BACS please.

CHRISTMAS WREATH MAKING

Make your Christmas wreath at Chillaton on 26th November.

Cost and venue TBC so keep an eye out for more details soon!



LITTLE REMINDERS

Dental Health Matters Make your voice heard by signing petition:

<https://38d.gs/DentalHealthMatters> Help us gather evidence that NHS Dentistry is in crisis by filling in our survey: <https://www.surveymonkey.com/r/DY8SWVR>

Food Bank Collection will be available at our meeting. Bring an item or two of non-perishable food items and help local families in need! Items they're short of: Pasta Sauce, Tinned Soup, Tinned Meat, Sugar

If you prefer you can drop your items off at the Launceston Food Bank Charity Shop. [Launceston Foodbank Charity Shop | Launceston Foodbank](#). They are short of: Crockery, Bric a Brac, Bedding, Curtains, NO electrical items please

Interesting Item Competition: Bring in something interesting, amusing, baffling or humorous starting with the letter 'D'

Flower Competition: Bring in a flower and see if you win! All proceeds go to the [ACWW Charity](#)

Roadford Car Parking Charges Petition: Please make sure you sign the petition so we can send this to the South West Lakes Trust. Ask your friends, families, co-workers, random people in the street to sign! The more signatures, the better!

Clipboards: Make sure to check out the clipboards to see what fun events you can join in with! The 'season' is approaching so there's lots going on. Speak to Jean for any additional info you may need.

Socials: We have several events happening through the coming months. From walks and coffee mornings, to workshops, meals out and cinema visits. Check out the [What's On](#) section of the newsletter or speak to Caroline for more info

IT'S NOT ALL JAM AND JERUSALEM, YOU KNOW!

HELP US PUT THE 'WOW' INTO THE WI

What are your suggestions for speakers, fundraisers and socials? We need to hear from you!

Our committee are awesome! But they can't do it all on their own. This is YOUR WI, what do YOU want to see?

WHAT'S ON IN NOVEMBER

Next WI Meeting

Monday 11th November 7pm
at the Victory Hall, Lewdown

WI Coffee Morning

21st November from 10.30 at
Alder Vineyard.

Please ensure you contact
Mary to reserve your place
01566 783641.

Curry Night

13th November from 7pm at
Maida, Oehampton.

Please ensure you contact
Caroline to reserve your place
harriscaz@hotmail.co.uk.

WI Walk

Walks have now been
suspended until Spring - and
hopefully better weather!

PLEASE REMEMBER
TO CHECK THE
CLIPBOARDS TO SIGN
UP FOR OTHER
EVENTS HAPPENING
THROUGH THE YEAR.



NOVEMBER'S WI MEETING

Our November meeting is an open meeting so
please do invite your family and friends along!

We'll be welcoming Rupert Kirkwood aka 'The Lone Kayaker' to share some of his amazing stories and outstanding photography.

Rupert has racked up an astonishing 31,000 miles in his kayak in locations across the globe! this is sure to be an interesting and inspiring talk so make sure you're there at 7pm on 11th November. To cover costs there will a small charge of £2.50 for non-members

On the Clipboards

- ★ Christmas Swags and Arrangements 25th Nov - **book by 11th Nov**
- ★ The Manor Resort, Okehampton 17th-19th Jan. **Very popular!!! Book now!**
- ★ Beauty & Pampering Days Exeter, 2025 - **great value for money at £70 for top-to-toe treatments!**
- ★ Federation Quiz 15th Feb - **get your teams together and make LWI proud!**
- ★ St Georges Day Trophy Competition 21st Feb
- ★ Radio Devon Cup Writing Competition 21st Feb
- ★ Restoration of an Italian Garden - **see clipboard for full details (looks fab!)**

All details on the clipboards, or speak to Jean

AND FINALLY...

CHRISTMAS IS COMING!

Do you have family and friends with kids? Do you have grandkids? Do you often have a clear-out of unwanted toys and clothes AFTER Christmas?

Why not declutter BEFORE Christmas and take your items to the charity shop.

Many families don't have enough money to buy their kids Christmas presents, and look to charity shops for cheaper alternatives. Make it easier for them by giving them more choice so they can buy their gifts before the big day and put a great big smile on their families faces!



PHOTO'S FOR THE NEWSLETTER/SOCIAL MEDIA

If you have any photo's of WI meetings and events that you'd like to share either in the newsletter or on our Facebook Page, please upload them to our Google Drive folder [WI Photo's](#). You will need a Google Account to do this. Please note, once used, the photo's will be deleted so make sure you keep a copy! Let me know if you have any problems

Carol concert at Exeter Cathedral

4th December 2024

The booking arrangements have been changed so you can book direct via Ticketsource, or via the clipboards as usual. Via Ticketsource the cost will be £5.39.

WANTED - FROM MONIQUE

Does anyone have a child car seat I could borrow for the period of 27/12/24 – 02/01/25, for my granddaughter who will be 2 years and 9 months come December and weighs about 14.5kg. Many thanks!

If there's something specific you'd like to see in future editions, please let me know!
hello.sharonobrien@gmail.com