

Barbara's bit

Hello Everyone

I am writing this the day before our soup lunch and shopping event. Members have been busy making and collecting items for the sale and cooking delicious soups, rolls and baked items. Here's hoping we have a great time as well as a successful day raising funds for the centenary events in 2027.

Sunday 9th November will be the Remembrance service at Victory Hall and once again we will put up our poppy display, which will then move to Stowford for their service the following week. Members and friends have also been busy making more poppies so there should be plenty to make a second banner for Stowford for next year so we won't have to move the display. There are plans to collate them in the new year and Ruth has invited us to meet at her house – details to follow when we know more.

Welcome to daylight savings time as we move towards the shorter days up until Christmas. Don't forget **meetings now start at 7:00pm** until the Spring. Our November meeting on Monday 10th November will be our own Julia Terry showing Christmas crafting. It's hard to believe Christmas is less than 8 weeks away so it will be great to kick off our preparations.

Congratulations to our skittles team for their decisive win – 202 to 176 - taking them through to the next round. Thank you also to the supporters, who went along to cheer them on. Fun skittles kicks off on Saturday 8th November at Treburley social club.

Food, Crafts and Skills on Thursday November 20th will be a stitched Christmas pouch with Roz Wiggins. Don't forget to check out the other clipboards with Jean and Lynn to see what else is coming up.

Kelly WI have held the first Tamar Group preparation meeting for their 2026 event. Their theme is Suffragettes and they have planned a murder mystery evening with buffet at Bradstone Manor on Monday 20th April in the evening. It sounds like a fabulous evening for only £10.

DFWI have now printed the shortlist for the 2025-26 Resolutions. See later in the newsletter for the full list and we will be covering these in more detail in January. Further information will be available on My WI from 4th November and in WI Life.

Look forward to seeing you at the soup lunch and shopping event.

Barbara



November Meeting

Our next meeting is on **Monday, November 10th 7:00pm at Lewdown Victory Hall**.

Please bring an interesting item beginning with "L" and an entry for flower of the month.

WHAT A TEAM!

The shopping event on Saturday November 1st was a great success, once again the teamwork is outstanding. We couldn't do it without the early birds who pop up the tables in a flash, Mary & Sue did a fantastic job dishing out soup and tea, the lovely items for sale, Kym & Sarah on the sell-out tombola and of course to all our guests that came along to enjoy a spot of shopping, food and great company.

Give yourself a bit pat on the back because we raised £356.90 with donations still coming in.

Foxcombe bakery provided us with two lovely, huge cakes and our ladies pulled out all the stops with baking and making delicious soups.

WELL DONE.

Monique

(More photos are elsewhere in the newsletter)



October LWI Meeting

A number of members, including Monique, were unwell this month and well wishes for a speedy recovery were sent to all.

October was our open meeting and we welcomed members, guests, new member Trudi and our speakers **Nigel** and **Sara Hicks**.

Nigel and Sara talked about their experiences with orangutans. Nigel (semi-retired after selling his veterinary practice in Lifton) and Sara visited Borneo where they were entranced by these endangered animals. Their forest habitat is continuously being eroded by the development of palm oil plantations, mining and logging – resulting in lack of food, shelter, injury and disease. Those rescued are treated but kept in compounds as a tourist attraction, or sold as pets for families. Nigel discovered that in Indonesia, rescued orangutans are rehabilitated and “trained” through schooling to care for themselves and then ultimately returned to the wild where possible. Upon returning to the UK, Nigel and Sara established **OVAID (Orangutan Veterinary Aid charity)** to provide veterinary equipment, medicines and a practical veterinary presence and assistance to orangutan rescue groups and centres in Indonesia and Malaysia, with a view to returning as many orangutans to the wild as possible, and providing a lifetime home if this is not possible. See www.ovaid.org for more information.



Potato Challenge Well done to Joyce who wins the trophy plate, with 3.9 kilos of photos!

Flower of the month – Teresa

Interesting item beginning with K: 1st: Lyn - a bottle of Kikkomans sauce, 2nd: Karen – a picture of a kingfisher, 3rd: Barbara – baby koala (cuddly one, not real)

LWI Soup and shopping event

More photos from the very successful soup and shopping event we held on 1st November, as things were being set up. We were so busy that we didn't get the chance to take photos when it was in full flow! Thanks everyone for their hard work in running the event, and all those members who were able to attend.



WI Walks & Coffee Morning

Coffee Morning

We again met at Strawberry Fields for good coffee, good cakes and excellent company! We were so busy talking that none of us remembered to take a photo!

The next coffee meet-up will be on 20th November, again at Strawberry Fields. All members and friends (2 or 4 legged!) welcome. Please let Lynn know if you are attending.

Walk

The walk in October sadly did not take place. As it was half term everyone was busy with family commitments and visitors.

It has been decided to suspend the monthly walk during the winter months. Looking forward to some good walks in the better weather in the spring.

Mary E

LWI members out and about!

Black Sabbath the Ballet – performed by Birmingham Royal Ballet.

Barbara, Frankie & I went (Frankie stepped in for Sue, who was so looking forward to it but was sprung a surprise weekend away) . I have been a Black Sabbath fan since my twenties when I saw them perform at the Hammersmith Odeon.

The poster for the ballet captured me completely and I knew I had to see it, it intrigued me how they would marry ballet and rock. I was not disappointed. Below is a statement from the theatre website:

Black Sabbath themselves have been closely involved in developing this unique collaboration. Sparks fly in this intriguing new response to Black Sabbath's music and legacy – the first true heavy metal ballet experience.

The performance had everything, classical ballet, contemporary dance, some spoken words by the band from past interviews, there were about 40-50 dancers, the theatre was packed with kids, ladies & gents of all ages, just like any performance. It was really good fun, very entertaining, brilliant music of course. Information & interviews can be found on the TRP website.

Thank you to Barbara & Frankie for coming with me.

Monique



Bude WI Remembrance Wreath

As some of our members may know, I am a dual member with Bude WI. Having temporarily lived in Bude before our move to Lifton, I was allowed to join, despite a waiting list of over 20. I have continued to be a member, which keeps one leg in Devon and the other in Cornwall! Not sure which leg is which !! They are a very social and outgoing WI, and are the largest in Cornwall with approximately 90 members. As you can imagine that takes a lot of looking after with a large committee.

I wanted to share with you a photo of the remembrance wreath, which has been hand made by two members. Disappointedly, the British Legion wreath, which is normally ordered, was made from plastic and shipped from China. It was decided to make a wreath with knitted poppies and arranged by one of the talented flower art ladies. The handicraft members are working on incorporating Bude WI across the wreath before it is laid at the memorial service.

Lynn has accompanied me to a couple of meetings and the annual coffee morning fund raiser. As a guest, Lynn has been warmly welcomed and seems to be firm favourite with the President, Cynthia.

If anyone would like to join me for an evening out in Bude just let me know. The WI members love to meet ladies from "over the border."

Kym



DFWI skittles

We played our first match in the Federation Skittles Competition on 15th October, against Buckfastleigh WI. They hosted us at The Westward Inn, the place that they normally play. So we were worried that they had an advantage against us; to make matters worse, they have won the competition in the past! But not to worry, we WON by 26 points (the score being 202-176), which means we are through to the next round!! More details of the next match to follow, once known, but it'll be in the New Year. Thanks to Teresa for the photos below.

Monique

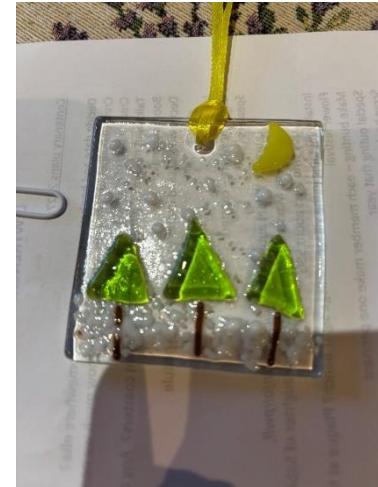


Food, Craft and Skills

October 2025

October saw the ever-popular glass fusion workshop take place and, judging from the photos below, some excellent Christmas decorations were made. What a talented bunch!

See below in the newsletter for a further opportunity to try out this craft.



November 2025

Our November Workshop will be Christmas Pouches with Rosalind Wiggins on Thursday, 20th November in the Lamerton Hall. Please arrive at 1.45 pm. Tea and biscuits available.

Cost £10 with materials, patterns and instructions supplied (Christmas and regular pattern fabrics). You should bring along needles, pins, cream thread and scissors if you have them. The work can be hand stitched or machined. If anyone wishes to bring their machine along with them. It would be a bonus but not essential, as the work can be completed using hand sewing.

Roz is always happy to machine sew for anyone if requested ... but there could be a queue !

Glass Fusion – last chance

There is another opportunity to work with glass and help raise funds towards the Tamar Group meeting next year being hosted by Kelly. There will be a selection of Christmas ornaments that people can make, as many as you can make in the time, or something of your own choice.

The cost will be £10 per person, and will last 1 ½ - 2 hours, venue to be confirmed. The suggested date is Saturday 6th December. Please let Monique know as soon as possible if you would like to attend.

DFWI 2025/25 Resolution Shortlist

We will be covering these in more detail in January, but see below for the Resolution Shortlist published by DFWI:

1. **Accessible public toilets** – accessible, clean and available facilities to promote dignity, health, and social inclusion
2. **Action on women's homelessness** Take action to reduce women's homelessness,
3. **Every child needs a friend** - raise awareness of the independent visitor system for children in care to increase the number of volunteer Independent Visitors
4. **Love Your Vulva** – Self checking is your best defence against vulval cancer
5. **Nearer to Nature** - Improve access to local green spaces increase public awareness of the use and benefits of 'green health'

DATES FOR YOUR DIARY...

1. LWI social skittles Saturday 8th November 11am to 2pm
2. Remembrance Service at Victory Hall 9th November
3. LWI Meeting Monday 10th November at 7.00pm
4. LWI coffee morning at Strawberry Fields Thursday 20th November from 10.30am
5. FCS a stitched Christmas pouch Thursday 20th November October from 2pm
6. Lifton Community Centre Christmas Market 22nd November 11am to 2pm
7. Red Spider Company production: *Dancing in Bluebells* Friday 21st and Saturday 22nd November
8. DFWI Christmas Shopping Trip Bristol Wednesday 26th November
9. DFWI Christmas Carol Concert in Exeter Wednesday 3rd December
10. Glass Fusion workshop – proposed Saturday 6th December
11. *Nutcracker* at Oke Cinema 10th Wednesday December
12. Red Spider Youth Theatre: *Jack and the Beanstalks* Saturday 13th and Sunday 14th December (corrected from last newsletter)
13. Christmas Bingo Monday 15th December from 7.30pm, eyes down 8pm – see poster
14. WOW HATS Panto "Robin Hood" 2nd to 14th February 2026 – see poster below.

LEWTRENCHARD WOMEN'S INSTITUTE NEWSLETTER NOVEMBER 2025

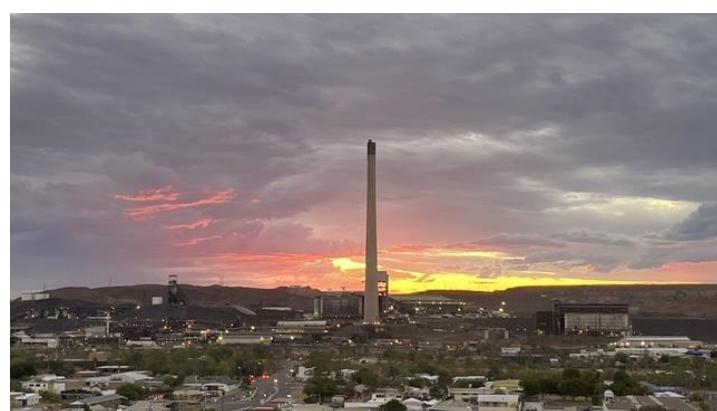
More news from 'Down Under'

Tour of Australia

Kathryn, our member in Australia, has been touring Australia with her husband Terry following her retirement earlier this year. She has kindly provided us with some more fabulous photos from the trip.



LEWTRENCHARD WOMEN'S INSTITUTE NEWSLETTER NOVEMBER 2025



Forthcoming events

Christmas Bingo

*Chocolate prizes with a
meal flyer, cash flyer &
Raffle*

Monday 15th December

*Eyes Down 8pm, doors open
7.30*

Lewdown Victory Hall

All proceeds going to the Hall

Everybody Welcome



Holsworthy Amateur Theatrical Society
presents

ROBIN HOOD

Mon 2nd - Sat 14th
February 2026

7.30pm (Saturday Matinee 2.30pm)

 Tickets (£12/10) available online from:
www.ticketsource.co.uk/holsworthytheatre
from Saturday 1st November 2025, 9am.

 HATS BOX OFFICE OPEN 1st November 2025, 9am-2pm. 01409 253826
and then every Saturday, 10am-2pm from 10th January 2026

Ticketsource telephone booking: 0333 666 3366. Mon-Fri 9am-7.30pm and Sat 9am-5pm.
(Calls charged at local rate)

HATS Theatre, Bodmin Street, EX22 6BH. Charity Number: 1110237

**PLEASE REMEMBER TO CHECK THE CLIPBOARDS TO SIGN UP FOR OTHER EVENTS
HAPPENING THROUGHOUT THE YEAR**

BACS Details: Please pay Lynn for any outstanding tickets/trips

A/C Name: **Lewtrenchard Womens Institute** Sort code: **090152** Account number: **53734509**

Ref: NAME/EVENT e.g. YOURNAME VICAR