

Hello Everyone

Barbara's bit ...

Welcome to another compact version of the newsletter for August. We are well and truly in the midst of summer as we brace ourselves for the incoming visitors. Safe travels to anyone having a summer break.

We had sunshine and showers for our picnic in July but it was a good day with lots of smiles.

The Afternoon Tea is less than 2 weeks away on Tuesday 12th August 3:00pm. Details in the newsletter. We won't cover any business but Lynn will bring the clipboards. Lynn will send out a WhatsApp with the lists of what people will be bringing or contact her directly. We're asking for teapots, milk jugs and cake plates to go on the tables. Watch out for Karen's signs advertising the event.

Hopefully you are all nurturing your flowers and vegetables, making your jam and cakes and crafting your handicrafts ready for the Annual Flower and Produce show. This year's Monica Horn cup item is a tea loaf. Please see the recipe in the newsletter and get baking! It's such a great community event with an auction of the entrants' best produce at the end.

Looking forward to seeing you all on the 12th and enjoy the sunshine in the meantime.

Barbara

Skittles

We had lots of enthusiasm for the DFWI skittles competition and we now have a team with lots of spares. Monique and Kym are arranging a practice session on 28th August in the afternoon at Treburley social club before the season starts.

We wondered if members would like to start up a separate monthly Skittles session again like the ones we had at the Blue Lion before Covid? If you are interested please let us know.

Shoebox Appeal

Following Karen's (Ruth's daughter) talk at St Peters about the shoebox appeal that delivers items to children, families and the elderly in places like Romania several members have already started collecting items for this year's appeal. Lynn will share the list of appropriate items and we thought we could collect items at our meetings between now and October. Please note any sweets or chocolate need to have sell by dates after June 2026. Please speak to Lynn if you have any questions.



theWI
INSPIRING WOMEN

August Meeting Afternoon Tea

Our next meeting will be our annual Afternoon Tea on **Tuesday 12th August at 3:00pm**. Entrance is £6 adults and £3 children. Proceeds from the door will go to League of Friends Tavistock Hospital. Sue Wilson, their chair, will be joining us as speaker. Proceeds from the raffle will go towards the 2027 LWI Centenary celebrations. Please make sure you have contacted Lynn about what you can bring. Be sure to invite friends, family, neighbours to help us support a great cause.



July Outing – Picnic at Postbridge

We met at Ruth's at 10:30 and departed just after 11:00, 8 of us going including one brave husband. We decided to go ahead with the picnic and made our way to Postbridge where we found a nice picnic table in the 'sun', started our business when the rain set in. We moved into a shelter and continued with business. The sun came out again and we sat down at the picnic table where we enjoyed our lunch and delicious biscuits made by Susanne. Rain set in again and we had a nose around the visitor centre. Some of us got a bit cold and craved a cup of coffee so we all decamped to the Two Bridges Hotel where we enjoyed a warm drink and a chat and decided that despite the rain it was a nice way to have a meeting.

WI Walks & Coffee Morning

Our coffee morning in July saw thirteen of our members enjoying a social get together over a hot or cold drink at Alder. Our next coffee morning will be on August 21st at Alder. We would be pleased to see you there if you are free. Drop in between 10:30 and 12:00. It helps Alder if we can give them an idea of how many will be coming. Just give me a ring.

Five members enjoyed a walk on Dartmoor this month. Although the morning started rather drizzly, it had cleared by the time we had reached our starting point, behind the Dartmoor Inn. We followed a sheep track which took us out to the ridge above the river. The tors in front of us were now clear of clouds and the cross on Widgery Tor was standing out against the sky. We walked along the ridge for a while before following a narrow track down to the river. Here we found a pretty spot to have our refreshments while we watched the water bubbled around the rocks. We then made our way back up to the ridge and back to the car park. Our next walk is on August 25th. Why not join us? We usually walk very gently, chatting and enjoying the scenery.

Mary 01566 783641



Lewtrenchard WI Afternoon Tea

Tuesday August 12th
£6 adult / £3 child
Speaker / Raffle

Doors open at 3pm
Pay at the door cash or card
Lewdown Victory Hall

Dates for your Diary . . .

1. LWI Afternoon Tea 12th August
2. Lewdown Produce Show 23rd August
3. Andrew Rieu at Oke Cinema 30th August
4. WOW HATS Vicar of Dibley 12th September
5. LWI Coffee Morning 18th September
6. FCS Dorset buttons 18th September
7. LWI Walk Monday 22nd September
8. Nutcracker at Oke Cinema 10th December



Letter from the New DFWI Chair

Lucy Brothwood, the new chair for DFWI, has sent out an introductory letter to all members. Monique has kindly shared it with everyone and a copy will be available with the clipboards.

Lewdown Show Monica Horn Cup Recipe

Tea Bread

Ingredients:

- 8 oz Dried mixed fruit
- ½ pint boiling water
- 3 tea bags
- 6 oz soft brown sugar
- 8 oz self-raising flour
- 1 large egg
- ½ tsp mixed spice
- ½ tsp cinnamon

Method

1. Add tea bags to boiling water and soak fruit overnight
2. Mix dry ingredients together
3. Slowly add dry ingredients and egg to the soaked fruit (you don't need to drain it)
4. Spoon into a lined loaf tin and bake 1 ¼ - 1 ½ hours at 350F or 180C
5. Test with a skewer when cooked

Sending our thoughts . . .

We all just wanted to send our thoughts and best wishes to Marion and John and say we are hoping he will soon be home.

BACS Details: Please pay Lynn for your Vicar of Dibley tickets £10.48 concession or £12.58 full

A/C Name: **Lewtrenchard Womens Institute**

Sort code: **090152** Account number: **53734509**

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