FEBRUARY 2025



YOUR MONTHLY WI NEWSLETTER

Let's Make It Count!



BARBARA'S BIT

Hello Everyone

Here we are already a month into 2025. The January meeting was a mixture of (fairly short) resolutions business followed by a crafty session decorating name badges combined with a good catch up.

We had some excellent results and I think it brought out a bit of the creative side in all of us.

We're so glad so many members were able to come to the Christmas lunch on the 19th January. See <u>page 8</u> for more details

Food, Craft & Skills kicked off in January with a very relaxing Movement for Wellness tai chi class. February will be a pottery afternoon with further details from Hilary to follow.

The FCS afternoons are a good opportunity to try out new things as well as meet up for a tea and chat so why not come along if you haven't already tried them.

We're looking forward to more WOW events this year. We have the Holsworthy Panto – oh yes we do! – in February and there will be further National Ballet broadcasts in Okehampton for anyone interested. Romeo & Juliet is in February and Swan Lake is in March.

The February meeting will be a food demonstration by an exclusive, *mystery* private chef on Monday 10th. The TGM competitions details are out! Please see <u>page 9</u> for details.

Please take a look at the details around the potential new WI Lottery on <u>page 12</u>, which we will be voting on.

For this year's Green Hearts campaign, we are decorating the Victory and Stowford halls on the 11th so all volunteers are welcome and please bring any hearts to the February meeting.

Good luck to our quiz team on the 15th of February at the Federation Quiz. In case it helps on the WI questions - there are 220,000 members, it is the largest women's charitable organisation in the UK and is in the top 15 largest membership charities of any kind in the UK.

Update - the Jumble sale on 8th March is now a WI Coffee Morning and Shopping Experience. Please see Monique's article on <u>pages 10 and 11</u> for more details.

Take care

Barbara

CATCH-UP ON DECEMBER & JANUARY

December's Meeting

The December meeting was a great success, with good food and cheer. We also collected an impressive amount of food for the local food banks.

Barbara introduced the committee Christmas production for 2024 and this year everyone was in it!

The committee made up a song to the tune of the twelve days of Christmas, with a review of what we have been up to over the year.

Each verse had props to go with the song; everyone did very well and sang a beautiful rendition.

We had some low alcohol bubbly to set a festive tone, handed out the secret Santa gifts then settled down to some of the delicious food everyone brought along.

We actually got to sit and have proper chats with our friends, which was very welcome and relaxing. Everyone had a jolly good time.

Thank you all for making the evening such as success.

We had another WOW event, watching the live streaming from Covent Garden of Cinderella the ballet at the cinema in Okehampton, beautiful performance, highly recommend it.

See below for photo's and the words to the amazing Twelve Days of Christmas; LWI Version.....



Our Christmas Meeting; What a great evening!



















And now for (probably) the best ever rendition of The Twelve Days of Christmas! Written by our outstanding Committee and performed admirably by all our wonderful members! Sing along....

On the first day of Christmas, my WI gave to me..... A Yummy pub Christmas lunch

On the second day of Christmas, Five Handbag Bingos my WI gave to me.... Two Dental Health votes A Yummy pub Christmas lunch Two Dental Health votes

On the third day of Christmas, my WI gave to me.... Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch

On the fourth day of Christmas, my WI gave to me.... Four Tudor nosegays Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch

On the fifth day of Christmas, my WI gave to me.... Five Handbag Bingos Four Tudor nosegays Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch

On the sixth day of Christmas, my WI gave to me.... Six roses from Rosemoor Five Handbag Bingos Four Tudor nosegays Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch On the seventh day of Christmas, my WI gave to me.... Seven strawberry jams Six roses from Rosemoor Five Handbag Bingos Four Tudor nosegays, Three maids of honour Two Dental Health votes A Yummy pub Christmas lunc

On the eighth day of Christmas, my WI gave to me.... Eight scones the Devon way Seven strawberry jams Six roses from Rosemoor Five Handbag Bingos Four Tudor nosegays Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch

On the ninth day of Christmas, my WI gave to me.... Nine flower displays Eight scones the Devon way Seven strawberry jams Six roses from Rosemoor Five Handbag Bingos Four Tudor nosegays, Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch On the tenth day of Christmas, my WI gave to me.... Ten rehomed doggies Nine flower displays Eight scones the Devon way Seven strawberry jams Six roses from Rosemoor Five Handbag Bingos Four Tudor nosegays, Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch

On the eleventh day of Christmas, my WI gave to me.... Eleven Poppy Makers Ten rehomed doggies, Nine flower displays Eight scones the Devon way Seven strawberry jams Six roses from Rosemoor Five Handbag Bingos Four Tudor nosegays, Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch

On the twelfth day of Christmas, my WI gave to me.... Twelve risqué Cal'ndar Girls Eleven Poppy Makers Ten rehomed doggies, Nine flower displays Eight scones the Devon way Seven strawberry jams Six roses from Rosemoor Five Handbag Bingos Four Tudor nosegays, Three maids of honour Two Dental Health votes A Yummy pub Christmas lunch

January's Meeting and Other Updates

We met on January 9; a cold winters evening at Lewdown Victory Hall. Barbara welcomed a good number of members. We had 2 birthdays, Margaret Dunn and Marion.

Barbara presented the Flower of the month trophy to equal winners Audrey & Joyce and the competition cup went to Jean. Well done both of you! We discussed and voted on the resolutions.

Please make lots of green hearts for February 14 so that we can decorate Lewdown & Stowford Hall, this is to Show the Love for the climate coalition.

We then settled down for a fun craft making session.

We have a busy 2025 ahead and the committee are looking forward to what it may bring.

Thank you very much to Caroline and the WOW Factory for booking the Ballet Cinderella.



Eight of us went to watch the live streaming from the Royal Opera House in Convent Garden at the Cinema in Okehampton.

It was a magical performance, the cinema was packed and the atmosphere wonderful.

Everyone had a great time, it was sad that Caroline was unable to join us.

Fear not, there are more ballets, plays in the pipeline.

New Member's Welcome!

🎉 We're 29 strong! 🎉

We're thrilled to welcome our newest member, Sue Jervis, along with our two fantastic dual members, Kym Aykroyd and Heather Gynn! It's so exciting to see our WI family grow.

All three joined us for our festive December party—we hope they felt right at home! Here's to new friendships, fun times, and an amazing year ahead!

Resolutions Update

These are the resolutions we can vote for. Our results get sent to federation who send it to national. The winning resolution will be accepted or rejected at our AM in May and then accepted or rejected at the annual NFWI meeting in June/July.

Here are the resolutions and the votes so far....

- 1. Let's talk about incontinence presented by Mary 6 votes
- 2. Bystanders can be lifesavers presented by Judy 6 votes
- 3. Join the repair revolution presented by Barbara 1 vote
- 4. Eliminate landfill of medication packaging 7 votes presented by Monique

Monique is currently contacting members who were unable to attend the January meeting so they can cast their vote.

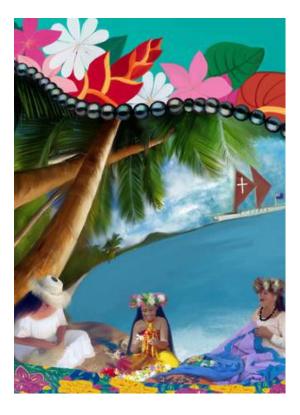
Don't Throw It, Fix It!

Do you have some broken bits that you've just not gotten around to repairing? Or maybe there's something lurking in your cupboard that could do with some TLC?

Whether you want to learn how to sew on some buttons, fix broken furniture, electrical gadgets, bikes, toys or even crockery, you can pop along to the Repair Cafe and get some advice or even get it fixed by one of the volunteers there.

The Repair Cafe is part of a network across Cornwall that hosts a cafe in Launceston Town Hall every 2nd Saturday of the month, from 9.30 – 12.30, here is a link to their Facebook Page, <u>https://www.facebook.com/groups/586816401876066/</u> or you can get more details from the Cornwall Council Website,

https://www.cornwall.gov.uk/rubbish-recycling-and-waste/recycling/repair-cafes/



Cook Islands 2025, World Day of Prayer

The 2025 WDP program invites us into the knowledge that each one of us was made with care and love by God.

The message that we, as women and girls, are "fearfully and wonderfully" made in the image of God" reinforces our movement's support of women in expressing their faith and speaking about their lives in prayer and worship before God and in community.

Join us on March 7 at Thrushelton Church, 2.30pm from the Cook Islands (Practice February 28 at 2.30pm)

Lunch at The White Hart, Bridestowe

A total of 38 members and their husbands sat down for a very enjoyable lunch at the White Hart Pub in Bridestowe on Sunday 19 January.

Like the previous year, the food was excellent & plentiful, Mike, Sarah & team looked after us splendidly.



We had so much fun and chatter that none of us took any photos!

Plastic Tubs Collection for Macmillan Cancer Support

I know you have some! It's after Christmas and barely a household in this country won't have at least one of those plastic Quality Street, Roses, Celebrations or Hero's chocolate tubs hanging around!

I'm sure you'll be able to find a use for them, but how about turning them into cash and supporting a worthy cause?

Bring them all along to the next meeting on **February 10** or drop them off at Audrey's, Barbara's or Monique's **before February 12**, so they can be recycled to raise money for Macmillan Cancer Support. This is part of the annual campaign by Greene King Tubs2Pubs, and with 1 in 2 of us receiving a cancer diagnosis in our lifetime, we need to raise as much as possible for this vital support!

The campaign ends on February 12 so please, no tubs after that!

Share the Love and support the Climate Coalition

It's green heart time again! We want to cover the halls of Lewdown and Stowford in your fabulous green hearts! And with the displays being inside this year, they don't need to be weatherproof!

Make them out of anything; paper, card, fabric, wool, wood, metal - so long as it's GREEN!

How about following our President's example (See right) and make some out of green carrier bags and green magazine pages?



We had a great selection last year, let's see if we can beat it this year! Bring along your green hearts to the February meeting. For more information on the Climate Coalition, <u>click here</u>

IF YOU DO NOT WISH YOUR PHOTO TO BE USED IN THE NEWSLETTER, SOCIAL MEDIA OR OTHER PROMOTIONS, PLEASE LET MONIQUE KNOW

WI Coffee Morning

It was lovely to see so many members and friends at the coffee morning at Alder in January. We had 12 people attending.



Remember former members, partners and friends are always welcome.

Our next coffee morning will be on February 20th.

Please let me know if you would like to join us.

Mary



Tamar Group Meeting Calling All Creatives! Your WI Needs You!

It's time to put your skills to the test in our exciting Tamar Group Meeting and Competition!

With four fantastic categories to choose from, there's something for everyone - whether you love to craft, bake, photograph, or arrange flowers.

Each winner from the heats will go through to the grand final, where they'll compete for the ultimate prize: the WI Trophy for their local group!

The Categories:

CRAFT 1: Decorated Basket

Create a beautifully decorated basket with a handle (max. 30cm wide, 40cm high) inspired by the magical world of 'Folklore'. Fill it with items that bring your theme to life - get creative!

Scraft 2: Photography

Capture the essence of Dartmoor's folklore in a 7" x 5" colour or black & white photograph, mounted on white paper. From mystical landscapes to legendary tales, let your lens tell a story!

* FLOWERS: Floral Garland

Design a stunning floral garland fit for a queen! Your creation should fit the headpiece provided, and accessories are allowed, so feel free to add an extra touch of magic.

COOKERY: Apple Cake

Put your baking skills to the test with a delicious Apple Cake, made to the given recipe. Who will create the tastiest, most tempting cake?

Why Enter?

✓ Show off your talents and creativity

- ✓ Have fun and get inspired
- ✓ Represent your WI and go for the trophy!

Join the fun, take part, and let's celebrate the incredible skills of our WI members! Will you rise to the challenge? We can't wait to see what you create!

Cake and Photography entries to be brought to the February meeting Flowers and Basket entries to be brought to the March meeting.

The Tamar Group Meeting will be held on April 14 at Lifton Community Centre. Arrive at 6pm for a prompt 6.30pm start

Ask Monique for the Apple Cake recipe or download a copy from the <u>WI Photo's</u> Google Drive folder

From the Committee WI coffee Morning Vs Jumble Sale

Thank you to everyone who took the time to give feedback on Barbara's email about why we cancelled the jumble sale. It is important to us that you have your say.

Upon announcing the jumble sale, some members pointed out the new imposed measures at the municipal recycling site in Launceston (so far, no restrictions apply to the one in Okehampton).

Committee mulled this over and decided that we would be inundated with left over jumble.

The last jumble sale saw two cars from the British Heart Foundation filled up to the rim plus a huge horse box, again, full to the rim, so the idea to do something new was born.

A coffee morning with some tables to sell second hand items in good condition, such as clothes, children's clothes, books, small items of glass & china, toys, as well as a cake stall and a tombola. We will also offer tables to a hand-picked selection of vendors. We have just managed to secure a Tropic ambassador and have plans for some craft tables.

Please ask your family and friends for **good quality** second hand items. If you have something to sell, please contact the committee. Tables will be FOC for members, all we ask is a small item for the tombola.

Here are some facts:

Before Covid, Jumble sales made in the region of £250. Our aim is to have a second coffee morning in November, maybe serving coffee & soup hoping to raise a total of £250 plus from both events.

As you can see, the table top sale raised the most although it is agreed that the majority came from selling tables and that vendors were unhappy with their takings, so not a plan to be repeated.

2024 table top sale, £10 per table: Total raised £301.05 Breakdown: Tables £130 Raffle £62 Cakes £58.60 Bric a brac £13.90 Donations £36.55

2023 Jumble sale raised £288.95 don't have a breakdown 2022 Jumble sale raised £296 don't have a breakdown 2 x Bags2School collections 2021 £115 approx. £65 and the second one approx. £50

There is of course another option, if a group of members really want to hold a jumble sale during the year and are willing to form a subcommittee, organising & advertising the whole event, just come forward and let us know.

Thank you very much Your devoted committee.

Please see below for your invite to the Coffee, Cake and Shopping Event

This even is open to EVERYONE! So please share and invite your friends, families, neighbours, co-workers and anyone else you can think of!

Monique

Lewtrenchard WI



Coffee, Cake & Shopping Event

Saturday March 8 10:00 to 12:00

Lewdown Victory Hall

Entrance £5 (£3 children) includes a coffee/tea and slice of cake

Meet up, have a chat, browse our stalls:

* Clothes * Books * Cakes * Toys * Crafts *

We look forward to seeing you



In aid of Lewtrenchard WI funds

DATES FOR YOUR DIARY

Next WI Meeting

Monday 10th Feb 7pm at the Victory Hall, Lewdown

WI Coffee Morning

20th Feb at 10.30 Alder Vineyard. Please book your space with Mary on 01566 783641

WI Walk

Walks have been suspended until spring, and better weather!

Date Changes

LWI April meeting now on 7 April Tamar Group Meeting on 14 April

PLEASE REMEMBER TO CHECK THE CLIPBOARDS TO SIGN UP FOR OTHER EVENTS HAPPENING THROUGH THE YEAR.



FEBRUARY'S WI MEETING

⊁ A Delicious Surprise Awaits! 🔆

We're beyond excited to welcome a fabulous private chef for a special culinary demonstration showcasing some of the mouthwatering dishes he creates. And yes... we're hoping for some tasty samples!

Curious about who he is? Well, we're keeping that a secret! You'll have to join us to find out.

What we can tell you is that he's a highly skilled private chef, bringing the luxury of a top restaurant straight into his clients' homes. He's also an author, a world traveler, and full of fascinating stories about his culinary adventures.

Oh, and did we mention he's bringing recipes for everyone to try? Trust us, you won't want to miss this one!

Something New and Exciting!

WI Lottery: We can create our own lottery with a Weekly draw costing £1 a week. Prizes are: A free ticket, £25, £250, £2000, £25,000.

From the £1 per ticket bought, 40p goes directly to this WI, 40p goes to the organisers, Gatherwell to cover cash prizes, jackpot and admin etc. The other 20p goes to a central fund to be shared between NFWI and our Federation.

We can decide if we want to do this at the February meeting. More details can be found at <u>https://www.thewilottery.co.uk/good-causes</u>

BACS Details for payments: A/C Name: Lewtrenchard Womens Institute Sort code: 090152 Account number: 53734509 Ref: NAME/EVENT e.g. SCOTT 300CLUB