LEWTRENCHARD WOMEN'S INSTITUTE NEWSLETTER MARCH 2024

Hello Everyone, **A word from Margaret ...** Firstly, thank you to Monique for doing our annual display of the hearts in Mrs Copper's shop window. Also, our thanks to Graham Yeo for his presentation about Sabine Baring Gould. It gave us some ideas to work with for our Flower Festival in September.

I hope you are all geared up for a busy time over the next few weeks. We have the Tabletop Sale on Saturday 9th March, so please bring along some of your delicious baking, some for consumption on the day and others for sale. For those not at our last meeting, we are no longer doing our usual jumble sale as the British Heart Foundation, who very kindly used to take all the left-over jumble, are now unable to take it. We still have tables to rent so now is the time to sell off all that excess clutter.

I am looking forward to hearing about the education system in Nepal next week. Nepal always seems to be a mysterious other world to me.

On the 23rd the Rampsonwillis needs a little attention ready for the spring. There shouldn't be a great deal to do but it is always easier if we can keep on top of these jobs; and it is also a good excuse for a cup of tea and a natter.

Don't forget to sign up for the Group Meeting on 15th April, we need final numbers this month. It promises to be a lively, entertaining evening. There is, of course, our normal meeting on the 8th too which is about a hedgehog hospital.

I said it was going to be busy! Best wishes, Margaret

Tor & Tavy WI Quiz Night

Lewtrenchard attended the Tor & Tavy's quiz night on February 22nd. We came a respectable 6 out of 13. It was a very enjoyable evening with a lovely spread in the interval. Well done, team!





March Meeting

Our next meeting will be on **Monday 11th March at 7:00pm.** We'll be welcoming Ann Marcer to talk to us about training teachers in the mountains of Nepal. Don't forget to bring your entries for the TGM competitions – a paper neck ruff, an Elizabethan invitation and Maids of Honour. The competition is a garment I wore in 1960's or a photo of you. Hostesses will be Audrey J Nicola Cecile

Upcoming Tabletop Sale

Saturday 9th March at Victory Hall from 2:00 – 4:30pm. Tables are available for £10. There will be one bric-a-brac table, a raffle and tea and coffee for sale. Please bring baked items to sell for the cakes table.

Coffee Mornings

The February coffee morning at Roadford was a very social occasion with eight members attending and several enjoying a walk. Don't forget there are always lifts available for those without transport. The next coffee morning will be on March 21st at 10.30. Those wishing to walk should meet at the far carpark at 10.15.

February Meeting

Thanks to Graham Yeo who came to talk to us about Sabine Baring Gould and his influential family. There are several events planned throughout the centenary year. Winners of the interesting item were Julia with Yahtzee, Heather with a yolk and Margaret P with a yam. Flower of the month went to Joyce.



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WI Walks

For our walk in February eight members and one dog enjoyed a bracing walk along the Bude Canal. The weather was dry and sunny but there was a strong wind blowing. Fortunately,, it was on our backs for the return journey.

The Bude Canal was completed in 1823 and closed in 1891. It was built chiefly to bring lime-bearing sand to the hinterland for agricultural fertiliser. The canal was remarkable in that it used incline planes to haul tub boats on wheels to the upper levels. It only had two locks and these were near the sea. It had a junction with one arm going to the other side of Holsworthy and the other towards Launceston. In total it was 35miles long and rose from sea level to 433ft.

When we reached Bude, we discovered some very extensive earthworks taking place along the side of the canal, although we weren't sure what they were doing! We enjoyed a very good lunch at the Brendon Arms. After which we walked back to the Weir and our cars.

The next walk will be on March 25th, details will be available nearer the time.

February Show the Love

A big thank you to Monique for the lovely display in Copper's window.



Upcoming Events

- 1. Lewtrenchard WI Tabletop Sale 9th March
- 2. Tamar Group Meeting 15th April
- 3. DFWI Spring Council 22nd May
- 4. NFWI Annual Meeting RAH London 5th June
- 5. LWI Outing RHS Rosemore 10th June

March FCS

Thursday, 21st March 2024 10am – 12:30pm

There is a visit arranged to the Energy from Waste Facility in Devonport. After an initial talk you will be taken around the full process. Husbands, partners and friends are welcome. Previously there was coffee followed by a talk and then tour of the whole site. There are several flights of stairs although Lifts are available in many areas

March TGM Competition – Maids of Honour 4 Maids of honour, 10cm diameter, displayed on white plates from the hall 375 gm sweet short crust pastry 110 gm cottage cheese 75 gm butter 1 egg 75 gm golden caster sugar 50 gm ground almonds Zest of 1 lemon Redcurrant jelly Preheat oven to 200/180 fan /gas mark 6 Roll out pastry on lightly floured board to the depth of a £1 coin Cut 10/12 10cm circles and use to line 10/12 bun tins Beat cheese and butter until smooth; add egg followed by caster sugar, ground almonds and lemon zest. Put small amount of redcurrant jelly in pastry cases and spoon in cheese mixture to about half fill them. Bake for 20/25 minutes until risen and golden. Remove from the oven and put on wire rack to cool - they will sink a little.

Thank You

Barbara and David would like to thank everyone for the lovely card and flowers plus all their support and kind wishes during his stay in hospital